



SERIES CONSULTED BY  
PROF. DARIUSZ WÓJCIK



# Let's Visit SCOTLAND

Photocopiable Resource  
Book for Teachers



FULLY  
PHOTOCOPIABLE

POLONSKY

Katarzyna KŁOSIŃSKA

# Let's Visit Scotland

Katarzyna Kłosińska

**PHOTOCOPIABLE**

**RESOURCE BOOK FOR TEACHERS**

POLONSKY

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## UNIT 3

## The Symbols of Scotland

### TASK 3.1



Let's see what you know

Answer the following questions.

1. What Scottish symbols do you know?
2. Which apostle is the patron of Scotland?
3. What is the national instrument of Scotland?
4. What kind of cross can you see on the Scottish national flag?
5. Which animal represents the British monarchy?



The unicorn is Scotland's national animal.

### TASK 3.2



#### Vocabulary strip

Read the definition and choose the best answer.

1. a type of plant that grows on rocks, bark or wet ground  
a) moss                      b) hind
2. to draw out and twist fibres to make a thread  
a) spin                      b) tread
3. to make cloth by crossing threads under and over each other  
a) foreleg                      b) weave
4. happening every two years  
a) biennial                      b) anthem
5. a surprise attack  
a) weave                      b) ambush
6. a party with traditional music and dancing, especially in Scotland and Ireland  
a) spin                      b) ceilidh
7. to put your foot on something or to press something down with your foot  
a) tread                      b) moss
8. a front leg of an animal  
a) ceilidh                      b) foreleg
9. a song that has special importance for a particular group of people  
a) ambush                      b) anthem
10. relating to the back part of an animal with four legs  
a) hind                      b) biennial



The most identifiable symbol of Scotland is tartan. This patterned woven cloth originated in the Highlands, where clan people used local plants, **mosses** and berries to dye wool before **spinning** and **weaving** it into tartan. The patterns consist of interwoven vertical and horizontal lines, known as a 'sett.' The tartan kilt and the sporran are parts of traditional male Scottish Highland dress.

Alongside tartan, the thistle is one of the most well-known symbols of the country. It's a **biennial** plant that grows wild and free in the Scottish Highlands. It has prickly leaves and purple flowers. Legend has it that a group of Scots warriors fell asleep, but they were saved from the invading Norse army's **ambush** when one of the attackers **trod** on a thistle with his bare foot. His cries of pain woke up the sleeping Scots who defeated the invaders.

The Highland bagpipe is considered Scotland's national instrument and one of the most iconic symbols of Scottish culture. Bagpipe music has deep roots in the Gaelic culture of Scotland. It is still hugely popular and used in military as well as folk bands to entertain at **ceilidhs**.

St. Andrew's Cross, also known as the Saltire, is the national flag of Scotland. It is a white diagonal cross on a blue background that represents the crucifixion of the apostle Saint Andrew, Scotland's patron saint. According to legend, the night before the Pictish King Angus II led his forces into battle against the army of Angles and Saxons, he had a dream in which he saw Saint Andrew. The apostle promised Angus a triumph in the battle. The next morning, the king's troops saw a huge white Saltire cross shining against a bright blue sky. This awesome sign led the Scottish troops to victory and the Saltire found the place in Scottish history. Today, it is flown on public buildings and carried by Scottish teams in international competitions.

The other 'unofficial' Scottish flag is the 'Lion Rampant.' A red lion in profile is depicted on a yellow background. It's standing upright, on one or both **hind** legs with the **forelegs** raised as if to strike. Officially, the 'Lion Flag' is only allowed to be flown by a monarch.

Surprisingly, Scotland has no official **anthem**. 'The Flower of Scotland,' along with 'Scotland the Brave,' are among several patriotic songs considered unofficial anthems.

#### Key facts

The national flag of Scotland is a white diagonal cross on a blue background.

One of the national emblems of Scotland is the thistle.

The Highland bagpipe is considered Scotland's national instrument.

### TASK 3.3



#### Comprehension Questions

Decide whether the following sentences are true (T) or false (F).

- Tartan is one of the symbols of Scotland.
- Tartan is made of cotton and silk.
- Sporran is a traditional Scottish dance.
- The thistle has soft, delicate leaves.
- Bagpipe music enjoys great popularity in Scotland.
- The apostle St. Andrew is Scotland's patron saint.
- The Saltire is a white, diagonal cross on a yellow background.
- Saint Andrew led an army into battle against Angles and Saxons.
- The 'Lion Rampant' is used only by the Queen.
- 'The Flower of Scotland' is the official anthem of Scotland.

T	F
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
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#### How to read numbers

##### Dates

15<sup>th</sup> c. – the fifteenth century

##### Royal titles

King Angus II – King Angus  
the Second

### TASK 3.4



#### Word-building

Use the word in brackets to form a new word that fits in the gap. Then go back to the text and find five words from this exercise. Which words appear in the text?

- She has \_\_\_\_\_ wallpaper in her dining room. (PATTERN)
- In ancient Rome, \_\_\_\_\_ was a form of slow and painful execution. (CRUCIFY)
- The soldiers received medals for their \_\_\_\_\_ actions. (HERO)
- The name of the new director will be \_\_\_\_\_ announced in June. (OFFICIAL)
- One of the \_\_\_\_\_ stabbed the guard with a knife. (ATTACK)
- Picklington made a \_\_\_\_\_ return to the stage after working in television for several years. (TRIUMPH)
- The city honoured the \_\_\_\_\_ general with a huge parade. (VICTORY)
- Greg participates in over twenty running \_\_\_\_\_ every year. (COMPETE)
- Laser treatment for this condition is simple and \_\_\_\_\_. (PAIN)
- My younger sister is an \_\_\_\_\_ gifted singer. (COMMON)

The words which appear in the text are \_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_ and \_\_\_\_\_ .

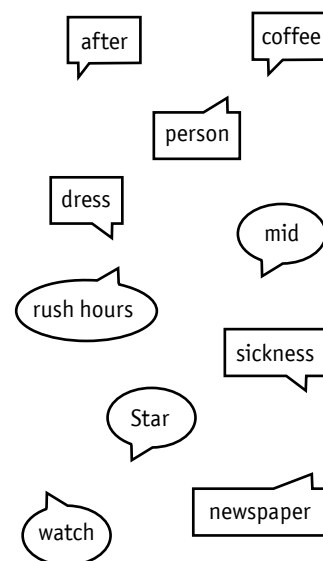
### TASK 3.5



#### Collocations with morning

Complete each sentence with one word. Use its plural form if necessary.

- My sister is pregnant and she's suffering from morning \_\_\_\_\_ .
- Mary has decided to hold a \_\_\_\_\_ morning to raise the money for local hospice services.
- Joanna is a morning \_\_\_\_\_ ; she's always up before 6 o'clock.
- Typically, morning \_\_\_\_\_ for men includes a long black or grey coat, striped trousers and a top hat.
- In Edinburgh, morning \_\_\_\_\_ last from 7:30 to 9 a.m.
- The planet Venus is often referred to as the Morning \_\_\_\_\_ .
- The morning \_\_\_\_\_ is the period from 4 to 8 am on board a ship.
- We didn't wash up after dinner until the morning \_\_\_\_\_ .
- In our company, we have our \_\_\_\_\_ -morning tea break at around 11 am.
- Jack used to start his day with the morning \_\_\_\_\_ .



### TASK 3.6



#### Over to you

Think about the symbols of your country and make notes under those headings. Then tell your partner/group about your country. Alternatively, write a short description.

National anthem:	_____	National symbol(s):	_____
National plant(s):	_____	National animal(s):	_____
National motto:	_____	National personification:	_____
National flag:	_____	National saint(s):	_____
National colour(s):	_____	National holiday:	_____

### TASK 3.7



#### Let's retell the story

Use the words and expressions to make meaningful sentences. Modify the words and add articles, auxiliaries, connectors and prepositions if necessary. Do not change the order of the words given.

1. tartan / be / patterned / weave / cloth

\_\_\_\_\_

2. tartan / originate / Highlands

\_\_\_\_\_

3. tartan pattern / consist / interwoven / vertical / horizontal / line

\_\_\_\_\_

4. tartan kilt / sporran / be / part / traditional male Scottish Highland dress

\_\_\_\_\_

5. thistle / be / biennial plant / that / grow / wild / free / Scottish Highlands

\_\_\_\_\_

6. thistle / have / prickly / leaf / purple / flower

\_\_\_\_\_

7. Highland bagpipe / be / one / most / iconic / symbol / Scottish culture

\_\_\_\_\_

8. bagpipe music / have / deep / root / Gaelic culture / Scotland

\_\_\_\_\_

9. St. Andrew / Cross / be / national / flag / Scotland

\_\_\_\_\_

10. Saltire / be / white / diagonal / cross / blue / background

\_\_\_\_\_

11. Saltire / be / flow / public / building / and / carry / Scottish / team / international / competition

\_\_\_\_\_

12. surprisingly / Scotland / have / no / official / anthem

\_\_\_\_\_



#### Writing hints

##### Hint 1

When you use the plural form of nouns, remember about **irregular plurals**, e.g. *life – lives, dwarf – dwarves, wolf – wolves*.

##### Hint 2

When you write about species of plants or animals, put **the** before it, e.g. *The pine is an evergreen tree*.

##### Hint 3

When you use the structure **noun + of + noun**, usually you have to put **the** before the first noun, e.g. *What is the meaning of this word? Lisbon is the capital of Portugal*.

##### Hint 4

If you place an adverb at the beginning of a sentence, put a **comma** after it, e.g. *Traditionally, the company operates in Europe and the U.S.*

##### Hint 5

When you describe an **object**, you can put a verb in **past participle** before it, e.g. *We bought some frozen fish yesterday. Why are you putting on this stained shirt?*

### TASK 3.8



#### Highlight

Read the text and fill in the missing prepositions.

#### Unicorns

The unicorn is Scotland's national animal. 1. \_\_\_\_\_ Celtic mythology unicorns stood 2. \_\_\_\_\_ freedom, intelligence, purity and beauty. They also symbolized masculinity and life itself. 3. \_\_\_\_\_ the Middle Ages, people used to associate these mythical animals 4. \_\_\_\_\_ innocence and joy as well as healing and nurturing powers. 5. \_\_\_\_\_ the 15<sup>th</sup> century, the unicorn started to appear as the symbol of the country on coins and as the central image of the Royal Coat of Arms. The unicorn of Scotland has the head and body 6. \_\_\_\_\_ a horse, but the beard and cloven hooves of a goat and a tuft tail of a lion. Additionally, it has a golden chain 7. \_\_\_\_\_ its body. It is a reference 8. \_\_\_\_\_ the belief that it was a dangerous beast. But to the Scots, who have a long history of fighting 9. \_\_\_\_\_ their freedom, the chain represents the strained and uneasy relations 10. \_\_\_\_\_ Scotland and England.

### TASK 3.9



#### Fun corner

Use the words below and label each element of the picture.



St. Andrew's Cross (Saltire)

thistle

tartan

sporran

bagpipes

tuft tail

cloven hooves

sword

golden chain

unicorn

### TASK 3.10



#### What do you remember?

Answer the following questions.

1. What are the three Scottish national symbols?
2. What are the main parts of traditional male Highland dress?
3. What is 'ceilidh'?
4. What does the Scottish thistle look like?
5. What does the Saltire look like?
6. Where can you see the Saltire today?
7. Who can use the 'Lion Rampant' flag?
8. Which Scottish songs are considered unofficial anthems?
9. What did unicorns symbolize in Celtic mythology?
10. Why is there a golden chain around the body of the unicorn of Scotland?



## UNIT 3

### Task 3.1

1. Among Scottish symbols are the thistle and tartan. 2. Saint Andrew is the patron of Scotland. 3. The Highland bagpipes are the national instrument of Scotland. 4. On the Scottish national flag we can see a white diagonal cross on a blue background. 5. The lion represents the British monarchy.

### Task 3.2

1. a) moss 2. a) spin 3. b) weave 4. a) biennial 5. b) ambush 6. b) ceilidh 7. a) tread 8. b) foreleg 9. b) anthem 10. a) hind

### Task 3.3

1. T 2. F 3. F 4. F 5. T 6. T 7. F 8. F 9. T 10. F

### Task 3.4

1. patterned 2. crucifixion 3. heroic 4. officially 5. attackers 6. triumphant 7. victorious 8. competitions 9. painless 10. uncommonly  
The words which appear in the text are *patterned*, *attackers*, *officially*, *crucifixion* and *competition*.

### Task 3.5

1. morning sickness 2. coffee morning 3. morning person 4. morning dress 5. morning rush hours 6. the Morning Star 7. morning watch 8. morning after 9. mid-morning 10. morning newspaper

### Task 3.7

1. Tartan is a patterned woven cloth.
2. Tartan originated in the Highlands.
3. Tartan patterns consist of interwoven vertical and horizontal lines.
4. The tartan kilt and the sporran are parts of traditional male Scottish Highland dress.
5. The thistle is a biennial plant that grows wild and free in the Scottish Highlands.
6. The thistle has prickly leaves and purple flowers.
7. The Highland bagpipe is one of the most iconic symbols of Scottish culture.
8. Bagpipe music has deep roots in the Gaelic culture of Scotland.
9. St. Andrew's Cross is the national flag of Scotland.
10. The Saltire is a white diagonal cross on a blue background.
11. The Saltire is flown on public buildings and carried by Scottish teams in international competitions.
12. Surprisingly, Scotland has no official anthem.

### Task 3.8

1. In 2. for 3. During 4. with 5. From 6. of 7. around 8. to 9. for 10. between

### Task 3.9

1. tartan 2. thistle 3. bagpipes 4. unicorn 5. St. Andrew's Cross (Saltire) 6. cloven hooves 7. tuft tail 8. golden chain 9. sword 10. sporran

### Task 3.10

1. The three Scottish national symbols are tartan, thistle and Highland bagpipes.
2. The main parts of traditional male Highland dress are the tartan kilt and the sporran.
3. In Scotland, 'ceilidh' is a party with traditional music and dancing.
4. The Scottish thistle has prickly leaves and purple flowers.
5. The Saltire is a white diagonal cross on a blue background.
6. The Saltire is flown on public buildings or carried by Scottish teams in international competitions.
7. Only the Queen can use the 'Lion Rampant' flag.
8. 'The Flower of Scotland' and 'Scotland the Brave' are considered unofficial anthems of Scotland.
9. In Celtic mythology unicorns symbolized freedom, intelligence, purity and beauty.
10. The chain around the unicorn's body represents the strained and uneasy relations between Scotland and England.

## UNIT 4

### Task 4.1

1. The kelpie is a supernatural, shape-shifting horse that haunted rivers and streams. 2. The selkie is a mythical seal that could take human form. 3. The boobrie is a mythical water bird which pestered farmers by eating their unattended cattle. 4. Nessie is the name of the Loch Ness Monster, an imaginary creature that lives in a lake. 5. Loch Ness is situated in north-west Scotland, in the Great Glen.

### Task 4.2

1. a) shed 2. a) mundane 3. a) hoax 4. a) pester 5. b) sighting 6. b) webbed 7. b) tame 8. a) boast 9. a) vulnerable 10. b) mane

### Task 4.3

1. T 2. F 3. T 4. F 5. F 6. T 7. F 8. F 9. F 10. T

### Task 4.4

1. seductive 2. unattended 3. undeniably 4. witchcraft 5. wishful 6. beastly 7. misidentification 8. Humanities 9. appetizing 10. mythical  
The words which do not appear in the text are *witchcraft*, *appetizing* and *humanities*.

### Task 4.5

1. full-blown 2. full-time 3. full house 4. full volume 5. full view 6. full board 7. full circle 8. full moon 9. full swing 10. full-length

### Task 4.7

1. Scottish folklore is full of faeries, witches and monsters.
2. Scottish waters are believed to be inhabited by strange characters.
3. Kelpies appeared to their victims as tame but they had an insatiable appetite for humans.
4. If a human captured a selkie's skin, she felt vulnerable.
5. A male selkie was said to be a handsome creature.
6. Boobries pestered farmers by eating their unattended cattle.
7. Boobries could also produce a bull-like roar.
8. The Loch Ness Monster is Scotland's most famous mythical creature.
9. The first recorded sighting of the large dinosaur-like creature was 1,500 years ago.
10. The giant beast leaped out of the lake and ate a local farmer.
11. In 1934, a London doctor took a photo of a monster with a long neck.
12. Tourists visit the Loch Ness shore in hopes of catching a glimpse of the monster.

### Task 4.8

1. with 2. to 3. into 4. to 5. with 6. with 7. to 8. to 9. in 10. for

### Task 4.9

1. fool 2. foolish 3. him 4. myth 5. myths 6. super 7. per 8. supernatural 9. natural 10. leg 11. legend 12. end 13. do 14. dozen 15. neck 16. kelpie 17. kelpies 18. pie 19. pies 20. stream 21. ream 22. monster

### Task 4.10

1. Kelpies lived in rivers and streams.
2. People could identify the kelpie by its constantly dripping mane.
3. The word 'selkie' means 'seal' in Scots.
4. If a human captured a selkie's skin, she felt vulnerable and could be forced to become his wife and bear him children.
5. The boobrie is completely black and it has webbed feet, hooked beak and short clawed legs.
6. Scottish farmers were afraid of boobries because they were believed to prey on unattended cows and sheep.
7. The Loch Ness Monster resembles a dinosaur.
8. The picture of the Loch Ness Monster was taken in 1934.
9. St Mungo is the patron of the city of Glasgow.
10. There are four symbols in the Glasgow coat of arms: the tree, the bird, the fish with a ring in its mouth and the bell.

## UNIT 15

### Task 15.1

1. Doune Castle featured in *Game of Thrones*. 2. *Braveheart* was filmed around Glen Nevis and Loch Leven. 3. The Jacobite Steam Train featured as the Hogwarts Express. 4. Ridley Scott's *Prometheus* was shot on the Isle of Sky. 5. Edinburgh featured in *Trainspotting* and *Shallow Grave*.

### Task 15.2

1. a) desolate 2. b) pinnacle 3. b) former 4. a) backdrop 5. b) ethereal  
6. a) standstill 7. a) rugged 8. b) peninsula 9. b) sprawling 10. b) premises

### Task 15.3

1. F 2. F 3. F 4. T 5. F 6. F 7. T 8. T 9. F 10. F

### Task 15.4

1. stunning 2. breathtaking 3. heroic 4. picturesque 5. fictional 6. greatly  
7. iconic 8. mountaineering 9. wilderness 10. surprisingly  
The words which do not appear in the text are *heroic*, *greatly*,  
*mountaineering* and *surprisingly*.

### Task 15.5

1. Town Hall 2. boom town 3. twin towns 4. town council 5. ghost town  
6. home town 7. Town Car 8. town planning 9. market town 10. out-of-town

### Task 15.7

- Scotland's stunning landscape has provided the perfect backdrop for the world of cinema.
- Monty Python and the Holy Grail* was partly filmed on the premises of Doune Castle.
- The breathtaking landscape around Glen Nevis provided the setting for *Braveheart*.
- Edinburgh Council Chamber stood for the interior of Mornay's castle in *Braveheart*.
- The Jacobite Train was used in the Harry Potter films as the Hogwarts Express.
- The Jacobite Train is a steam train which runs between Fort William and Mallaig.
- The Hogwarts Express passed over the stunning Glenfinnan Viaduct.
- The Isle of Sky was chosen by Ridley Scott as the filming location for *Prometheus*.
- Scott used Rannoch Moor to represent the alien world in *Prometheus*.
- Scottish cities have also inspired filmmakers.
- The Railway Man* featured one of the most iconic spots of Edinburgh, Calton Hill.
- Glasgow's George Square was brought to a standstill when Brad Pitt shot his film.

### Task 15.8

1. most 2. working class 3. quit 4. fulltime 5. acting 6. international  
7. secret 8. next 9. broadened 10. steampunk

### Task 15.9

#### Vertically:

1. director 2. city 3. landscape 4. hill 5. range 6. lake 7. beauty 8. capital  
9. old 10. peninsula

#### Horizontally:

1. village 2. world 3. pilot 4. train 5. desolate 6. science 7. castle  
8. production 9. quest 10. wilderness

### Task 15.10

- Doune Castle featured in *Monty Python and the Holy Grail*.
- Mel Gibson's *Braveheart* was released in 1995.
- The village of Lanark was constructed in Glen Nevis Valley.
- Loch Shiel served as the fictional Black Lake in the Harry Potter films.
- The viaduct which Harry passes over on his way to Hogwarts is called Glenfinnan Viaduct.
- The Old Man of Storr is a large pinnacle of rock on the Isle of Sky.
- Ridley Scott used Rannoch Moor to represent the alien world in *Prometheus*.
- Edinburgh and Perth provided the backdrop for *The Railway Man*.
- Sean Connery was born in Edinburgh.
- Sean Connery's latest film was released in 2003.

*The Author dedicates this book to the loving memory of her Scottish friend John Simpson Christie.*

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Regardless of everything, all mistakes and faults in this book remain the sole responsibility of the Author.

### How to use *Let's Visit Scotland*

The material in each unit provides enough input and practice for students to cover during a 90-minute lesson. The tasks are arranged in the order in which they should be carried out, but the teacher should feel free to omit and/or adapt any task to match the level and needs of her students, as well as to meet the limitations of time and space in the classroom.

The following points should be kept in mind while using this book:

- The two primary purposes of this book are to focus on providing factual information about Scotland and to expand students' vocabulary range through a series of reading, listening, speaking, writing and lexical activities.
- Although grammar is neither presented nor practiced in the form of separate tasks, the Writing Hints boxes do contain some grammatical advice. It is up to the teacher to decide whether she wants to expand it or not.
- While it may seem that there is a lot of repetition of factual material in each unit, it was the Author's deliberate decision. Typically, the factual material presented in the texts will be new to students, so they should be given enough time to process and digest it.
- All texts in this book are recorded, so Tasks 3 and 8 may also be done as listening activities or a combination of reading and listening. For example, the teacher may ask students to solve Task 8 individually or in pairs, and then play the recording for students to check their answers.
- Task 7 is designed as guided writing but the teacher may choose to use it as a speaking activity with more proficient students. In such case, the clues given become a plan for a short oral presentation.
- Conversely, Task 6 (i.e. Speaking) may be used as a writing activity to be done in class or set as homework.

However, these points should be treated only as suggestions. Approaching this book in a flexible and creative way is strongly encouraged by the Author.

**For extra activities, quizzes and vocabulary lists, please visit [www.polonsky.pl](http://www.polonsky.pl)**

**Good luck and enjoy exploring Scotland!**

	Unit		Collocations	Over to You	Highlight		Fun Corner
1	Scotland – Facts and Figures		<i>sea</i>	Your Country	Scottish Castles	prepositions	Map of Scotland
2	Animals and Plants of Scotland		<i>great</i>	Animals and Plants	<i>The Red Kite</i>	articles	Pictures of Scottish Animals and Plants
3	The Symbols of Scotland		<i>morning</i>	National Emblems	<i>Unicorns</i>	prepositions	Scottish Symbols (Labelling a Picture)
4	Scottish Legends		<i>full</i>	Mythical Creatures	<i>The Glasgow Coat of Arms</i>	prepositions	Word Snake
5	The History of Scotland		<i>power</i>	History	<i>Wojtek the Bear</i>	articles	Word Snake
6	The 2014 Referendum		<i>low</i>	Important Event	<i>The Scottish Parliament Building</i>	verbs	Crossword Puzzle
7	Scots outside Scotland		<i>trade</i>	Immigration and Emigration	<i>Hassling-Ketting of Elgin</i>	linkers and adverbs	Word Search
8	Scottish Writers and Poets		<i>book</i>	Famous Writer	<i>Burns Night</i>	collocations	Odd-Man Out
9	Scottish Sports		<i>club</i>	Famous Sportswoman or Sportsman	<i>How Curling Was Invented</i>	prepositions	Curling (Labelling a Picture)
10	Edinburgh		<i>city</i>	The Capital City	<i>The Edinburgh Military Tattoo</i>	linkers and adverbs	Odd-Man Out
11	The Dark Side of Edinburgh		<i>body</i>	Spooky Story	<i>Grave Cages</i>	linkers and adverbs	Bodysnatching (Labelling a Picture)
12	How the Scots Invented the Modern World		<i>machine</i>	Important Invention	<i>Alexander Graham Bell</i>	collocations	Odd-Man Out
13	Those Amazing Scots		<i>house</i>	Famous Social Reformer	<i>Dr Katherine MacPhail and Her Children's Hospital in Serbia</i>	linkers and adverbs	Crossword Puzzle
14	Scottish Food and Drink		<i>dry</i>	Food and Drink	<i>Irn-Bru</i>	collocations	How to Make Shortbread
15	Scotland on the Big Screen		<i>town</i>	Famous Films and Film-makers	<i>Sean Connery</i>	collocations	Word Search

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## TOPICS

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# B1/B2

### About the author



**Katarzyna Kłosińska** has an MA in English Studies from the University of Warsaw. She has been teaching British studies at various state as well as private institutions. Social history of women in Victorian times is her special field of interest. Currently she is working on her PhD project concerning the participation of Scottish female medical staff in World War One.

### About the series consultant



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